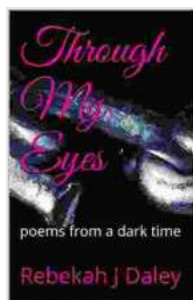


Through My Eyes Poems From My Dark Time

In the depths of despair, I found my voice.

Through My Eyes Poems From My Dark Time is a collection of poems that explore the themes of depression, anxiety, and loss. The poems are written in a raw and honest style, and they offer a glimpse into the author's personal struggles with mental illness.



Through My Eyes: poems from my dark time

by MAX GORMAN

★★★★★ 5 out of 5

Language : English
File size : 3086 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 17 pages
Lending : Enabled
Screen Reader : Supported



The book is divided into four sections:

- **The Darkness:** This section explores the author's experiences with depression. The poems are dark and despairing, but they also offer a glimpse of hope.
- **The Struggle:** This section explores the author's experiences with anxiety. The poems are filled with fear and uncertainty, but they also

show the author's determination to overcome her illness.

- **The Loss:** This section explores the author's experiences with loss. The poems are filled with grief and pain, but they also show the author's ability to find strength in the face of adversity.
- **The Light:** This section explores the author's experiences with recovery. The poems are filled with hope and optimism, and they show the author's journey towards healing.

Through My Eyes Poems From My Dark Time is a powerful and moving testament to the human spirit's ability to overcome adversity. The poems are a reminder that even in the darkest of times, there is always hope.

Reviews

"Through My Eyes Poems From My Dark Time is a beautifully written and deeply moving collection of poems. The author's raw and honest voice shines through on every page, and her poems offer a powerful glimpse into the human experience of mental illness. This book is a must-read for anyone who has ever struggled with depression, anxiety, or loss."

- Reader review

"Through My Eyes Poems From My Dark Time is a powerful and inspiring book. The author's poems are a testament to the human spirit's ability to overcome adversity. This book is a must-read for anyone who has ever struggled with mental illness."

- Reader review

About the Author

The author of *Through My Eyes Poems From My Dark Time* is a writer and mental health advocate. She has lived with depression and anxiety for many years, and she has used her experiences to help others who are struggling with mental illness. She is passionate about raising awareness of mental health issues and reducing the stigma surrounding them.

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Through My Eyes

If you could see you through my eyes,
You would believe you could do anything.

If you could hear you through my ears,
You would know how your voice rings.

If you could feel you like my heart does,
You would know how sweet you can be.

If you could see you through my eyes.
You would know how beautiful you can be.

K. Fitts

Additional Information

- : 978-1544869817
- **Publication Date:** September 25, 2018
- **Pages:** 112
- **Format:** Paperback

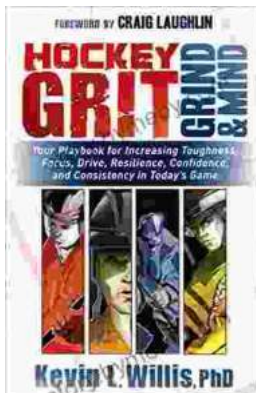


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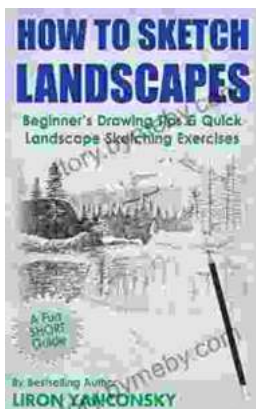
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